Make a book

Publishing tips

- leave a 2 3 cm border along the spine edge of the front and back of each page
- use strips of card to strengthen the pages and/or covers where they are bound



- use glue that does not 'wet' the paper and cause it to 'stretch'
- use scrap pieces of card to spread glue evenly, starting from the centre and moving outwards
- make a bookmark that advertises or fits the theme of your book
- glue photo of author, author blurb and book blurb on the back cover or inside cover.

Publishing formats

- lift flaps, open doors
- moving parts
- pop up
- concertina or zig-zag books
- bind across the top (like a pad)
- shape book, eg square, rocket, tree, fish
- include small envelopes or pockets with messages, maps etc
- cloth pages

Illustrations

- lift flaps, open doors
- moving parts
- pop up
- tactile/texture eg furry cloth, cotton wool, sandpaper
- collage
- photographs

Text

- select a plain, easy to read font to use for most of the text
- do not overuse stylized fonts however consider the following:
 - different sized fonts to emphasise words eg BANG!
 - decorative fonts to emphasise words, capitals, sentence beginnings or action eg Princess
 - o colour to emphasise words or actions eg a very red ball
- position text on different parts of the page
- position text to emphasis the content, eg in wavy or jagged lines.

Book binding

The author completes each page of the book. These can be made by hand or on the computer.

Split pins

Materials

- book pages story, author profile, dedication
- end papers
- back and front covers (completed)
- split pins
- · darning needle or skewer
- heavy adhesive tape.



Method

- 1. Stack each page in order.
- 2. Align the pages carefully by holding them together in a stack and gently knocking or tapping each of the four sides on the table.
- 3. Add the front and back covers to the book, aligning them with the pages.
- 3. Secure with paper clips or similar to keep the aligned.
- 4. Use a darning needle or skewer to punch 3 to 6 holes through the left side of the book, 1½ to 2 cm from the edge of the pages.
- 5. Secure the covers and pages using split pins.
- 6. Use a length of tape to cover the split legs of the split pins.
- 7. Open, fold and crease pages and cover.
- 8. If relevant, glue end papers to inside front and back covers.

Decorative threading

Materials

- book pages story, author profile, dedication
- end papers
- back and front covers
- darning needle, paper punch or scissors
- threading material, eg ribbon, plaited wool, string









Method

- 1. Stack each page in order.
- 2. Align the pages carefully by holding them together in a stack and gently knocking or tapping each of the four sides on the table.
- 3. Add the front and back covers to the book, aligning them with the pages.
- 3. Secure with paper clips or similar to keep the aligned.
- 4. Use a darning needle, paper punch or scissors to punch 3 to 6 holes through the left side of the book, 1½ to 2 cm from the edge of the pages.
- 5. Secure the covers and pages together by threading the ribbon through the holes and tying a knot or bow.
- 6. Open, fold and crease pages and cover.
- 7. End papers: place a folded endpaper between the cover and first page of the book, placing the endpaper's folded edge along the book's stitched side. Glue the end paper to the inside cover and first page of the book.

Repeat for the back end paper.

Stitching

Materials

- book pages story, author profile, dedication
- 2 x end papers (2 x width of book)
- back and front covers (completed)
- · large darning needle
- strong thread or fine wool
- glue PVA or craft (should not make paper wet)
- scissors

Method

- 1. Stack each page (not end papers) in order.
- 2. Align the pages carefully by holding them together in a stack and gently knocking or tapping each of the four sides on the table.
- 3. Secure with paper clips or similar to keep the pages aligned.
- 4. Use the darning needle to punch 3 to 6 holes in a line, through the left side of the book, 1½ to 2 cm from the edge of the pages.
- 5. Thread the needle with a double thread and secure with a knot.
- 6. Sew in and out of the holes to bind the pages together (similar to sewing on a button) and tie off.

Alternatively, sew through the holes from back to front to make a spiral binding.

Repeat the make sure the pages are strongly bound together.

- 7. Open and crease each page of the book.
- 8. Place the closed book between the front and back covers, matching the left side cover edges with the pages.
- 9. Glue the end papers to the inside back and front covers.
- 10. Glue the covers to the book 'spine' section, where the pages were stitched together.
- 11. Place booklet under a heavy weight and leave to dry overnight.

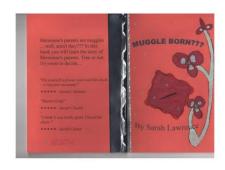
Spine binding

Materials: SEP

- stitched or glued book pages with cover attached
- binding cloth or tape (for spine) approximately 50 mm wide clour or pattern to match the story theme)
- glue PVA or craft (should not make paper wet)
- scissors







Method

- 1. Cut the spine cloth or tape to a length that is 6 cm longer than the book height.
- 2. Glue or tape the binding around the spine of the booklet so that it covers approximately 25mm on both front and back of booklet, overlapping the edges of the back and front covers.

A dust jacket could be created with a book blurb on the front flap and an author blurb and photograph on the back flap.

Fold over cover

Materials: SEP

- book pages story, author profile, dedication
- A3 sheet of card, folded in half



Method

- 1. Stack each page in order.
- 2. Align the pages carefully by holding them together in a stack and gently knocking or tapping each of the four sides on the table.
- 3. Secure with paper clips or similar to keep the aligned.
- 4. Stitch or glue pages together.
- 5. Place the pages on the fold of the A3 card.
- 6. Attach back cover (or back and front covers) to pages using glue, tape, split pins, threading or stitching.

Cloth covers

Materials: [SEP]

- book pages story, author profile, dedication,
 bound together using glue, threading or stitching
- · 2 pieces of heavy card, cut to cover size
- · decorative cloth
- PVA glue
- art materials



Method

- 1. Cut two pieces of decorative cloth, large enough to cover the back and front cover boards and overlapping onto the inside of the covers.
- 2. Use the cloth pieces to cover both the back and front covers, folding and gluing as flat as possible, on the back of each cover.
- 3. Use the art materials to add details to one cover, to make it into the front cover, eg title, author name.
- 4. Place under heavy books to flatten and dry.
- 5. Place the book between the covers and align.
- 6. Secure with paper clips or similar to keep the aligned.
- 7. Open and crease the top cover as if the book is being read.
- 8. Close the cover.
- 9. Attach the covers and book together using PVA glue or split pins.
- 10. Place under heavy books to flatten and dry.

Consult books or the internet for other publishing and book binding ideas.